



# Collection of Urine Specimens for Cytological Examination

## Patient Instructions

This test examines cells from the urinary tract.

- Your doctor may request one (1) or three (3) samples of urine for examination. Three consecutive day specimens should be collected, unless otherwise instructed by your doctor.
- You will be provided with three (3) 'yellow top' urine containers and a pathology request form from your doctor.
- As weekend collection is not recommended, this procedure should commence on either Monday, Tuesday or Wednesday.

### PROCEDURE

- 1) The first specimen of urine in the morning should be discarded.
- 2) The next urine passed (eg. mid morning) should be collected for examination. Prior to collection, ensure adequate hydration by drinking 2-3 glasses of water.
- 3) The container should be at least 2/3 filled with the first part of the urine (or entire sample if less than 2/3).
- 4) Label the specimen container with:
  - Patient's full name
  - Date of birth
  - Date and time of collection
- 5) The specimen and pathology request form should then be taken to the nearest Clinpath collection centre as soon as possible (within 8 hours).
- 6) When the first specimen is delivered, Clinpath staff will provide you with a copy of the request form for each subsequent specimen. **It is very important that a form accompanies each specimen.**
- 7) Repeat the process on each of the next two (2) days.
- 8) The specimens will be examined upon receipt in the laboratory and the results forwarded to your doctor.

### SPECIAL CIRCUMSTANCES

If there will be a delay, the specimen/s should be stored in the refrigerator.

For patients unable to attend a collection centre daily, or when weekend collection is required, all three consecutive day specimens can be collected, stored in the refrigerator and delivered together once complete.

If consecutive day collection is not possible, non-consecutive day samples can be accepted.

### FURTHER INFORMATION

For any further information or questions regarding this procedure please call Client Services on (08) 8366 2000